



Success isn't a solo act: it's powered by the people around you. But are you surrounding yourself with the right ones? This template helps you identify the key roles every thriving professional needs in their corner.

Why is this important? Mapping out your Essential People helps you to:

- ✔ Spot gaps in your support system—who's missing?
- ✔ Strengthen relationships that matter most.
- ✔ Build intentional connections instead of leaving things to chance.

Think of it as your personal “board of advisors” for life and work. Let's get started!

THE ADVOCATES	
The people who champion you and your potential (e.g., a mentor or sponsor who opens doors).	
THE TRUTH-TELLERS	
Candid people who give honest feedback, even when it's hard to hear.	
THE PEERS	
Colleagues at your level who offer mutual support, camaraderie, and shared growth.	
THE ROLE MODELS	
People whose behavior, skills, or values inspire you to improve.	
THE PROTÉGÉS	
Those you mentor or advance; they remind you where you've been and how much you have to offer.	



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THE PARTNERS	
Your close allies (friends, spouses, business partners) who provide emotional support and balance.	
THE CONNECTORS	
Networkers who link you to opportunities or key people.	